

**Institute of English Studies
Faculty of Arts and Humanities
University of the Punjab, Lahore.
Course Outline**



Programme	BS English Literature	Course Code		Credit Hours	3
Course Title	Foundations of Education				
Course Introduction					
This comprehensive course serves as a foundational pillar for understanding the multi-faceted nature of education, pedagogical frameworks, and professional teacher development. Designed to bridge theoretical paradigms with classroom realities; the course introduces students to the philosophical, psychological, socio-cultural, historical, political, economic, and legal underpinnings of education. Additionally, it equips prospective educators with practical competencies in classroom management, contemporary teaching methodologies, inclusive education strategies, educational assessment, and curriculum design.					
Learning Outcomes					
• Articulate and evaluate the core philosophical, psychological, and sociological foundations that drive educational systems globally and nationally. • Analyze the historical evolution, constitutional provisions, governance structures, and policy developments within the Pakistani educational landscape. • Design and execute effective classroom management systems, collaborative seating structures, and lesson plans tailored to diverse student needs. • Implement contemporary, learner-centered teaching strategies (e.g., Cooperative Learning, Inquiry-Based Learning, Flipped Classrooms) alongside rigorous educational assessments. • Criticize and evaluate curriculum designs and integrate principles of Education for Sustainable Development (ESD) and Inclusive Education into daily pedagogical practice.					
Course Content			Assignments/Readings		
Week 1	Philosophical Foundations of Education 1. Nature, meaning, and fundamental aims of education. 2. Branches of philosophy: Metaphysics, Epistemology, Axiology, and Logic.		Homework Assignment: Write a 500–700-word essay on the topic: "What is the true purpose of education in the 21st century?" Support your arguments with examples from your personal educational experiences and relevant educational theories.		
	3. Major Educational Philosophies (Idealism, Realism, Perennialism, and Essentialism, Reconstructionism, Essentialism, Progressivism, Perennialism)		Homework Assignment: Construct a matrix table comparing structural variations, teacher roles, and ultimate student outcomes across any three selected philosophies.		
Week 2	Psychological Foundations of Education 1. Human growth and development 2. Learning theories (Behaviorism, Cognitivism, Constructivism, Humanism), 3. Motivation		Homework Assignment: Observe a child or adolescent (with parental permission) and identify examples of physical, cognitive, social, emotional, and moral development. Compare your observations with the developmental		

	4. Intelligence, Memory and cognition 5. Individual differences, 6. Educational psychology applications	theories of Piaget, Erikson, and Vygotsky. Instructions: • Prepare a 600–800-word report. • Include examples from your observations. • Conclude with educational implications for teachers.
Week 3	Sociological Foundations of Education 1. Education and society 2. Culture and education 3. Socialization and Social stratification 4. Equity and equality, 5. Gender and education 6. Multicultural education 7. Family and community involvement 8. Social change	
Week 4	Historical Foundations of Education 1. History of education and Evolution of educational systems 2. Educational movements, 3. Contributions of educational thinkers, 4. Development of teacher education and Educational reforms 5. Colonial and post-colonial education 6. History of education in Pakistan and internationally	
Week 5	Political Foundations of Education 1. Educational governance, Education policies and plans 2. Decentralization, 3. Democracy and education, 4. Citizenship education 5. International educational organizations,	
Week 6	Economic Foundations of Education 1. Economics of education. 2. Human capital theory, Financing education. 3. Cost-benefit analysis.	

	4. Educational budgeting, and Resource allocation. 5. Education and employment, Workforce development. 6. Education and economic growth. 7. Privatization of education.	
Week 7	Legal Foundations of Education 1. Constitutional provisions for education, 2. Educational laws. 3. Students' rights, and Teachers' rights and responsibilities. 4. Child protection laws, Educational regulations. 5. Educational accountability 6. International conventions on education	
Week 8	Mid Term Examinations	
Week 9	Classroom Management 1. Concept, Nature, and Importance of Classroom Management 2. Classroom Rules, Procedures, and Routines 3. Behaviour Management Strategies 4. Communication Skills for Effective Classroom Management 5. Technology and Digital Classroom Management	Draw a classroom seating arrangement suitable for collaborative learning. Explain how the physical environment promotes student engagement and classroom interaction.
Week 10	Teaching Methods 1. Concept, Nature, and Importance of Teaching Methods 2. Lesson planning 3. Teacher-Centered and Learner-Centered Teaching Methods 4. Traditional Teaching Methods (Lecture, Demonstration, Discussion, Question–Answer) 5. Contemporary Teaching Methods (Cooperative Learning, Inquiry-Based Learning, Problem-Based Learning, Project-Based Learning, Experiential Learning, Flipped Classroom) 6. Active Learning Strategies 7. Microteaching and Reflective Practice	Select any two contemporary teaching methods and prepare a 5–7 slide presentation explaining their principles, advantages, classroom applications, and limitations.

Week 11	Guidance and Counseling 1. Types of Guidance (Educational, Vocational/Career, Personal, Social, Health) 2. Types and Approaches of Counselling (Directive, Non-directive, Eclectic; Individual and Group Counselling) 3. Guidance and Counselling Process (Relationship Building, Assessment, Goal Setting, Intervention, Follow-up) 4. Counselling Skills and Techniques (Active Listening, Questioning, Empathy, Rapport Building, Reflection, Confidentiality)	Write a 500-word essay explaining the importance of guidance and counselling in promoting students' academic, personal, social, and career development.
Week 12	Inclusive Education 1. Historical Development and Policies of Inclusive Education 2. Learners with Diverse Educational Needs (Physical, Intellectual, Visual, Hearing, Learning Disabilities, Autism Spectrum Disorder, Giftedness, Emotional and Behavioural Disorders) 3. Learners with Diverse Educational Needs (Physical, Intellectual, Visual, Hearing, Learning Disabilities, Autism Spectrum Disorder, Giftedness, Emotional and Behavioural Disorders) 4. Inclusive Teaching Strategies and Universal Design for Learning (UDL)	Write a 500-word essay on the significance of inclusive education in promoting equity, diversity, and equal learning opportunities. Support your discussion with examples from national or international contexts.
Week 13	Education for Sustainable Development 1. Concept, Principles, and Importance of Education for Sustainable Development (ESD) 2. The United Nations Sustainable Development Goals (SDGs) with a Focus on SDG 4 (Quality Education) 3. The United Nations Sustainable Development Goals (SDGs) with a Focus on SDG 4 (Quality Education) 4. The United Nations Sustainable Development Goals (SDGs) with a Focus on SDG 4 (Quality Education)	Select three SDGs that are closely related to education. Explain their objectives and discuss how schools and universities can contribute to achieving these goals.

	5. Emerging Trends in Education for Sustainable Development (Digital Technologies, Artificial Intelligence, Green Skills, Education for Climate Action)	
Week 14	Educational Assessment & Evaluation 1. Concept, Nature, Purpose, and Principles of Assessment and Evaluation 2. Types of Assessment (Diagnostic, Formative, Summative, Placement, Continuous and Authentic Assessment) 3. Assessment Tools and Techniques (Written Tests, Oral Tests, Performance Assessment, Portfolios, Projects, Observation, Checklists, Rating Scales) 4. Assessment Tools and Techniques (Written Tests, Oral Tests, Performance Assessment, Portfolios, Projects, Observation, Checklists, Rating Scales) 5. Technology in Educational Assessment (Online Quizzes, E-Portfolios, Digital Rubrics, AI-Assisted Assessment)	Prepare a 30-mark question paper for a school subject that includes multiple-choice questions, short-answer questions, and essay questions. Develop a table of specifications (test blueprint) to show content and cognitive level distribution.
Week 15	Curriculum Evaluation and Design 1. Concept, Nature, Scope, and Importance of Curriculum 2. Types of Curriculum (Formal, Informal, Hidden, Null, Integrated, Competency-Based) 3. Curriculum Design: Principles and Approaches (Subject-Centered, Learner-Centered, Problem-Centered, Competency-Based Curriculum) 4. Curriculum Development Process (Needs Assessment, Goal Setting, Content Selection, Organization, Implementation, Evaluation) 5. Models of Curriculum Development (Tyler, Taba, Wheeler, Kerr, Saylor–Alexander–Lewis) 6. Emerging Trends in Curriculum Design (21st-Century Skills, STEM/STEAM, Digital Learning, Artificial Intelligence, Education for Sustainable Development)	Write a 500-word essay explaining the concept, characteristics, and significance of curriculum in improving the quality of education. Discuss the relationship between curriculum, teaching, and learning.
Week 16	End Term Examinations	

Textbooks and Reading Material	
1. Core Textbooks - Ornstein, A. C., Levine, D. U., Gutek, G. L., & Vocke, D. E. (2023). Foundations of education (14th ed.). Cengage Learning. - Slavin, R. E. (2024). Educational psychology: Theory and practice (15th ed.). Pearson. - Woolfolk, A. (2022). Educational psychology (15th ed.). Pearson. - Marsh, C. J., & Willis, G. (2022). Curriculum: Alternative approaches, ongoing issues (7th ed.). Pearson. - Brown, H. D., & Abeywickrama, P. (2019). Language assessment: Principles and classroom practices (3rd ed.). Pearson.	
2. Suggested Readings (Books) - Arends, R. I. (2024). Learning to teach (12th ed.). McGraw-Hill Education. - Borich, G. D. (2023). Effective teaching methods: Research-based practice (10th ed.). Pearson. - Ebert, E. S., Ebert, C., & Bentley, M. L. (2023). The educator's field guide: From organization to assessment (2nd ed.). Waveland Press. - Ryan, K., & Cooper, J. M. (2023). Those who can, teach (16th ed.). Cengage Learning. - Tomlinson, C. A., & Moon, T. R. (2023). Assessment and student success in a differentiated classroom. ASCD.	
3. Journal Articles / Institutional Reports - Organisation for Economic Co-operation and Development. (2023). Education at a glance 2023: OECD indicators. OECD Publishing. - UNESCO. (2023). Global education monitoring report 2023: Technology in education—A tool on whose terms? UNESCO. - UNESCO. (2024). Education for sustainable development: Roadmap 2030. UNESCO. - World Bank. (2024). World development report 2024: The middle-income trap. World Bank. - Higher Education Commission Pakistan. (2023). National curriculum review and quality assurance guidelines. HEC.	
4. Recommended Online Resources - ERIC (Education Resources Information Center): https://eric.ed.gov - UNESCO – Education: https://www.unesco.org/en/education - OECD Education: https://www.oecd.org/education - World Bank – Education: https://www.worldbank.org/en/topic/education - Higher Education Commission (Pakistan): https://www.hec.gov.pk	
Teaching Learning Strategies	
- Lectures, seminars, and tutorials. - Close reading and textual analysis of plays. - Class discussions and audio-visual presentations. - Dramatic readings and performance-based learning.	
Assignments: Types and Number with Calendar	
Two assignments, one before midterms and one after midterm, to be submitted.	